Chicken Meli Melo

Adapted HdeH Cooking time: ½ hour

Serves: 2

Sauce Fruitee (Les Sauces book, Gruend p. 37) 1 box of fresh champignon de Paris (white button mushrooms)

1 onion

½ Tbs curry powder

2 cubes chicken breasts

½ Tbs butter for cooking

½ Tbs olive oil

1/4 -1/2 cup of chicken bouillon

1 can of whole tomatoes cut

1/2 Tbs of soy sauce

3 Tbs of canned frozen orange juice

½ cup -1 cup heavy cream

Kosher salt to season

Fresh grounded black pepper to season

4-5 dried apricots (sliced)

1/4 cup yellow and/or dark dried raisins



Photograph: Henri T. de Hahn

- 1. Cook the chicken in a grill and set aside
- 2. Add the onion and cook slightly
- 3. Add mushrooms and cook slightly
- 4. Add curry, tomatoes, soy sauce and mix well
- 5. Add chicken bouillon and cook over high heat
- 6. Add cream and let reduce (add either water or cream depending on the consistency of the desired sauce)
- 7. Cook the sauce fruitee on low heat
- 8. When both are ready, plate the chicken and add sauce
- 9. May be served with white rice (with cumin seeds) and vegetable of choice (green beans).