Cold Noodles with Peanut Sauce

Serve 8-10

The Savory Way, pp164-165

1 pound fine somen noodles

2 tablespoons aromatic peanut or sesame oil

½ cup chopped cilantro leaves

6 scallions, thinly sliced on the diagonal

Peanut sauce (see below)

Chopped roasted peanuts or toasted black sesame seeds

Fresh cilantro sprigs for garnish

You may grill a protein and include before serving

- 1. Bring a large pot of water to boil for the noodles. Have a colander ready in the sink.
- 2. When the water boils, add salt to taste and the noodles. Cook until the noodles are just done, about 3 minutes.
- 3. Immediately dump them in the colander and rinse them with cold water to stop the cooking. Shake off the excess water; then toss the noodles with the oil, cilantro, and scallions.
- 4. Cover and refrigerated until ready to use; then toss with the peanut sauce. Garnish with the roasted peanuts or sesame seeds and fresh cilantro sprigs.

The peanut sauce

Makes 2 cups

6 large garlic cloves

1 large bunch cilantro, leaves and upper stems only

1-1/2 ounce piece of fresh ginger, peeled and roughly chopped (about 2 tablespoons)

1 tablespoon peanut oil (HdeH or walnut)

1 tablespoon dark sesame oil

1 tablespoon hot chili oil (HdeH less or Japanese spices)

½ cup peanut butter or sesame-peanut butter (HdeH more)

½ to 2/3 cup soy sauce

3 tablespoons sugar

3 tablespoons rice wine vinegar or to taste (HdeH less)

Hot water if necessary.

- 1. Put the garlic, cilantro, and ginger in the work bowl of a food processor and pulse until they are finely chopped.
- 2. Add the oils, peanut butter, ½ cup soy sauce, and sugar; process again until well combined with the seasonings. Stop and scrape down the sides once or twice.
- 3. Add the vinegar and season to taste with the additional soy sauce, if necessary. If the sauce is thicker than you wish, thin it with hot water.
- 4. Store the sauce in an airtight jar and keep it refrigerated. Thin again with hot water as needed before using. This sauce will keep for months.