Risotto with grilled shrimp and marzipan emulsion

Risotto

1 cup Arborio Rice

1/4 cup Milk

1/4 cup cream

½ inch marzipan from store bought

½ -1 tablespoon pectin

4-5 slices of granny apple, sliced into matchstick shape and cut again in half

Zest of 1 lemon

Kosher salt

Freshly ground black pepper

Shrimp

8-10 shrimp

1 teaspoon cumin seeds

1/3 teaspoon of fresh thyme

Kosher salt

Freshly ground black pepper



Photography Henri T. de Hahn

Risotto

- 1. Cook risotto in the traditional manner (light vegetable broth suggested)
- 2. Slice apples and cover with a little lemon juice
- 3. Zest lemon and set aside
- 4. In a pan, bring milk to a quick boil and lower the heat
- 5. Add cream, pectin and marzipan and whisk all ingredients to the milk
- 6. Set sauce in a bowl and blend with a hand-held mixer till it forms an emulsion. Adjust pectin if sauce needs to be thicker. Too much pectin will separate the sauce
- 7. Plate risotto and arrange shrimp on the side
- 8. Set apples in a checker board pattern over risotto
- 9. Drizzle emulsion over dish and add a dash of freshly grated pepper
- 10. Top dish with sprinkles of lemon zest and serve immediately

Shrimp

- 1. Grill shrimp in non-stick pan until brown
- 2. Salt and pepper and add thyme, set aside till risotto is ready