Spice scallops with spinach, mint, and sweet chili dressing

Wagamama "Ways with noodles", p 72

Spice scallops with spinach, mint, and sweet chili dressing

2 ½ ounces udon noodles

1 tablespoon vegetable oil

1-1/4 inch piece of fresh ginger, peeled and grated

2 garlic cloves, peeled and minced with a little salt

Pinch of Chinese five-spice powder

1 tablespoon black bean sauce

6 to 8 sea scallops shelled and trimmed

2 handfuls of baby spinach

3 tablespoons chicken stock

Bunch of mint leaves

1 tablespoons soy sauce

Pinch of sugar

Salt and white pepper

2 teaspoons toasted sesame oil

2 teaspoons sweet chili dipping sauce (see below)

2 scallions, finely sliced

Sweet chili dipping sauce

Makes ¾ cup

1/2 pound red chiles, trimmed 3 garlic cloves, peeled and roughly chopped 1/2 cup light brown sugar 2 tablespoons white wine vinegar Scant 1 teaspoon salt



- 1. In a small saucepan combine ingredients for dipping sauce in a small pan everything with 1/3 cup water, bring to a boil, and simmer over medium heat until soft, about 5 minutes. Blitz in a blender and season with the salt.
- 2. Return to the pan and simmer for another 10 minutes, taking care not to let it catch on the bottom. Let cool, cover, and refrigerate.

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- 1. Cook the noodles according to the instructions on the package, drain, and refresh under cold water.
- 2. In a hot wok, heat the vegetable oil and stir-fry the ginger, garlic, five-spice powder, black bean sauce, and scallops for 2 minutes.
- 3. Add the spinach and mint leaves, stock, soy sauce, sugar, and sesame oil and simmer until reduced slightly, about 1 minute. Check the seasoning.
- 4. Add the noodles and toss everything so that it is well coated and heated through.
- 5. Serve drizzled with the sweet chili dipping sauce and topped with the scallions.